One-year-old previously healthy male patient was referred to our pediatric intensive care unit due to respiratory failure. On auscultation, there were decreased heart sounds and inspiratory crackles. Complete blood count, procalcitonin and C-reactive protein levels were within normal limits. Chest radiography showed air outlining the mediastinum (Figure 1, arrows) and paracardiac infiltrations. In the thorax computed tomography, pneumomediastinum (Figure 2, arrows) and bilateral basal lung infiltrates (Figure 2, stars) were detected. On the second day, respiratory distress worsened despite high-flow nasal cannula and he was intubated because of pediatric acute respiratory distress syndrome (PARDS). Repetitive blood and tracheal aspirate cultures were negative. A nasopharyngeal swab sample was analyzed by multiplex real-time polymerase chain reaction method with the use of viral respiratory panel and positive result was detected for only respiratory syncytial virus (RSV). On the 14th day, he was discharged after pneumomediastinum and PARDS improved completely.

RSV is the most common viral etiological agent of bronchiolitis and viral pneumonia. Spontaneous pneumomediastinum secondary to RSV infection is extremely rare, and there are only a few case reports in the current literature (1,2). It should not be forgotten that RSV can cause PARDS and it can be complicated with spontaneous pneumomediastinum.
A Rare Complication of Respiratory Syncytial Virus: Pneumomediastinum

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References


Figure 2. Thorax computed tomography. Pneumomediastinum (arrows) and bilateral basal lung infiltrates (stars).